PARANORMAL UNDERGROUND®

Volume 16, Issue 9

September 2023

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Chris Bores

ARIZONA'S
Mogollon Monster

Ireland's Haunted Ross Castle

Unlocking the Mysteries of the
AKASHIC RECORDS

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- Shaman Windwalker Summons UFOs

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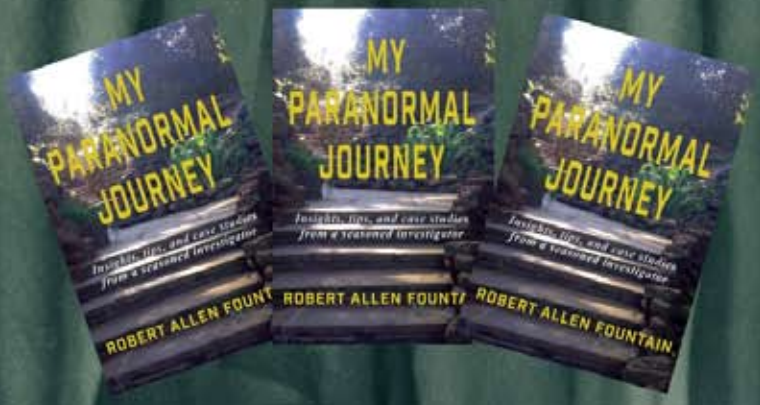

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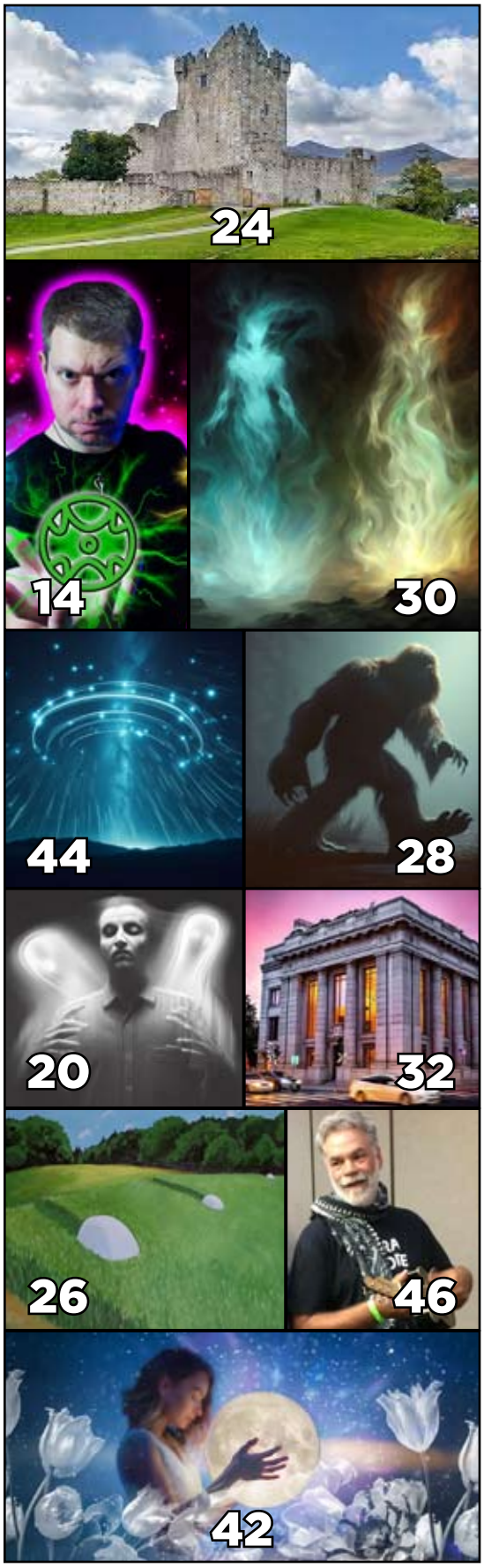

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Cheryl is a psychic medium, remote viewer, freelance journalist, and member of Project Psi, a team of psychic and forensic remote viewers responsible for rescuing missing children, assisting with shutting down human-trafficking rings, and closing cold case murders. To date, they have rescued 502 children, closed 18 cold cases, and assisted in shutting down 12 human-trafficking rings.

Having her first paranormal experience at a young age built the foundation for her becoming an explorer of high strangeness and a researcher. Her passion for one haunted location afforded her the opportunity to appear and consult in Chris Halton's Haunted Earth Para Documentary *A Haunting at Bachelors Grove*, which is one of the most haunted cemeteries in the Midwest.

She is a member of MUFON, CE-5, and an experiencer. She served as a consultant for Thomas Conwell's books *They Are Here: Central U.S. UFOs* and *Earthquakes and UFOs*. She is an international author of several books, including *Dimensions: Mysterious Triangles of the U.S.* and coauthor of *Digging Into Skinwalker Ranch* and *Skinwalker Ranch: The Basin Files*.

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Willie has appeared on A&E's *Cursed: The Bell Witch* and CMTs *Most Shocking Ghosts*. He also hosted a public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he created a group of sensitives, called Soul Warriors, who are based across the U.S.

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Gwendolyn is the Bram Stoker award-winning author of *The Rust Maidens*; *And Her Smile Will Untether the Universe*; the dark fantasy novella *Pretty Marys All in a Row*; the occult horror novelette *The Invention of Ghosts*; and the folk horror novel *Boneset & Feathers*. Her short fiction and nonfiction have appeared in *Nightmare Magazine*, *Tor's Nightfire*, *Vastarien*, *Black Static*, *Daily Science Fiction*, *Unnerving*, *Interzone*, and *LampLight*, as well as Flame Tree Publishing's *Gothic Fantasy* series, among others.

Originally from Ohio, Gwendolyn now resides on an abandoned horse farm outside of Pittsburgh with her husband, two cats, and not nearly enough ghosts.

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Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine, cohost of the *Mindful Mystics* podcast, and producer of *Paranormal Underground Radio*. She has more than 30 years of experience as a professional writer and editor and has written articles on topics ranging from advanced technology to paranormal phenomena.

Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications and online media.

paranormalunderground.net

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Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.

Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.

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Philip is a long-standing UFO researcher and author from the U.K. He was formerly the director of investigations for the British UFO Research Association and the MUFON representative for England.

He is the founder of Flying Disk Press, and his new book, *UFO Landings UK*, is out now on Amazon.

flyingdiskpress.com

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Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator.

Athena's metaphysical experience includes expertise in gemology, astrology, tarot, aromatherapy, Reiki, and herbal medicine.

Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance.

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RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experiencer herself, dealing with paranormal phenomenon since childhood.

The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.

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PAUL DALE ROBERTS

Known as an esoteric detective, Paul has been reading and studying the unknown since he was a young boy. He has been to over 59 countries to document the paranormal. He worked for military intelligence from 1979 to 1986 and saw several top-secret UFO photographs, making him very interested in extraterrestrials.

Paul is a journalist for the *Costa Rican Times*, and his articles cover metaphysical topics and paranormal investigative stories. He is co-owner of Halo Paranormal Investigations.

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T Stokes is a holistic palmist and the author of the book *50 Case Studies in Modern Palmistry*. He trained with mediums Doris Collins and Doris Stokes and psychiatrists Henri Rey and Joyce McDougall. He was the first U.K. lecturer on paraspiritual studies, metaphysics, and eschatology. He is now retired and is an occasional consultant.

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CHAD WILSON

A freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, Brushy Mountain State Penitentiary, and private residences among his investigations.

paranormalunderground.net ◆

Have You Had a Paranormal Encounter You'd Like to Share?

If you've had a paranormal encounter and would like to share it with our readers, email us at paranormalunderground@live.com. Tell us about your experience, and we may publish it in a future issue.

We are looking for encounters with all types of paranormal phenomena, including experiences with ghosts, cryptids, UFOs/ETs, the spirit realm, psychic phenomena, etc.

Your submission can be anonymous!

And if you have any topic suggestions that you'd like us to cover, write us and let us know. We love exploring new paranormal subjects and highlighting investigators in the field.

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Featured Event:

Arkansas Paranormal Expo

October 28–29

The Arkansas Paranormal Expo is a benefit for MacArthur Museum of Arkansas Military History and has raised $50,000.00 for the museum. It has grown to be the biggest and most popular event of its kind in Arkansas.

The event showcases and supports keynote speakers on subjects such as UFOs, Bigfoot, cryptozoology, paranormal investigating, and psychic phenomena.

In addition to presentations, there will be vendors, psychics, a raffle, and Expo Market on MacArthur Museum's Parade Grounds.

For more information, visit arkansasparanormalexpo.com.

October 6–7
Honobia Bigfoot Festival
Honobia, OK
honobiabigfoot.com

October 6–8
OC Paracon
Virtual event
ocparacon.com

October 20–22
ScareFest
Lexington, KY
scarefestweekend.com

October 21
Upper Cumberland Bigfoot Festival
Crossville, Tennessee
ucbigfoot.com

October 21
Parafest Maine
Vassalboro, Maine
facebook.com/parafestmaine

November 4–5
Mid-Michigan Paranormal Convention
Mt. Pleasant, MI
midmichiganparacon.com

November 4–5
Gift of Light Expo
Columbus, Ohio
giftoflightexpo.com

November 4–5
The New Jersey Paraunity Expo
Woodbridge, NJ
newjerseyparaunityexpo.com

November 10–12
Stairway to the Stars
Luxor Las Vegas
disclosurefest.org

November 10–12
Monster-Mania Con
Oaks, PA
monstermania.net

November 11–12
Salem ParaCon
Salem, MA
theshamanandtheshowman.wordpress.com

November 17–19
Days of the Dead
Chicago, IL
daysofthedead.com

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Alien Mummies, Psychic Goat & Dangerous ETs

By Morgan Lineberry

Alien Specimens Startle Mexican Congress at Hearing

Photo: Daniel Dardena / Getty Images

Scientists and experts in Mexico unveiled what they claim to be mummified, non-human bodies during the country's first-ever congressional hearing on Unidentified Anomalous Phenomena (UAPs), commonly known as UFOs. Journalist and UFO researcher Jaime Maussan, along with other experts, displayed two small mummified specimens, asserting that their DNA did not match any known human or terrestrial animal species, according to an *ABC Eyewitness News* story. The disclosure left congressional members visibly stunned and instantly ignited heated debates across social media platforms.

Maussan referred to the evidence as "the queen of all evidence," arguing that these specimens could potentially revolutionize our understanding of extraterrestrial life. He cautioned, however, that labeling them as "extraterrestrials" would be premature. The mummified bodies were discovered in 2017 in the Nazca desert of Peru, a region known for its mysterious geoglyphs.

Congressman Sergio Gutiérrez Luna of the ruling Morena party emphasized the importance of "transparent dialogue" on the subject but clarified that Congress had not yet formed an official stance on the findings. This groundbreaking hearing follows earlier testimonies in the United States, where concerns over UAPs have been increasingly linked to national security.

Psychic Goat Really Is the 'Greatest of All Time'

Photo: SWNS

For anyone planning a trip to Scotland, there is one person you definitely want to visit: Sue Zacharias in Jedburgh in the Boarders. She has a uniquely talented pet — "a fortune-telling goat" named Billy, according to a story by the *Daily Record*. You see, Billy can tell your fortune using tarot cards.

"Once the person has stroked the goat for a while, they put their hand on the deck of cards and choose which one feels right — or Billy chooses it for them," Sue said.

Billy and Sue do live shows, turning the farm into a festival of sorts. It has been said that animals can sense things humans cannot, and Billy the goat has been described as "spookily accurate" in his predictions, so this seems to be true in his case.

Are Aliens Mutilating Sheep in Wales?

Felix Nobes and Kieren Williams of the *Mirror* bring us the story of an interesting theory. Helena Worth, who describes herself as an amateur scientist and

UFO hunter, believes that aliens have been continuously butchering sheep in Wales — and making no attempt to hide their work. Worth "became obsessed with aliens after she" spotted one over her home several years ago.

The aliens always make "very precise cut marks or something an animal couldn't do," Worth explained. This goes against the original theory that large cats were responsible for the carnage. While there is a rumor of a mysterious large cat in the area, there never seem to be footprints or paw prints found near the mutilations, leading Worth to believe the culprit came down from the sky.

Whistleblower Says Aliens Have Killed Humans

The *Mirror* reporters Reanna Smith and Tim Hanlon bring us some shocking information from David Grusch, who recently testified in front of the U.S. Congress and previously worked for the U.S. Defense Department's National Geospatial-Intelligence Agency. Grusch claims that "non-human intelligences" (as he calls them) have murdered humans before.

Grusch hints at "agreements" with these beings that could put "our future in jeopardy," by which he means the future of humanity. While he does not have many details and cannot speak completely freely at risk of repercussions, he mentioned "malevolent events," leaving us to wonder if aliens really come in peace.

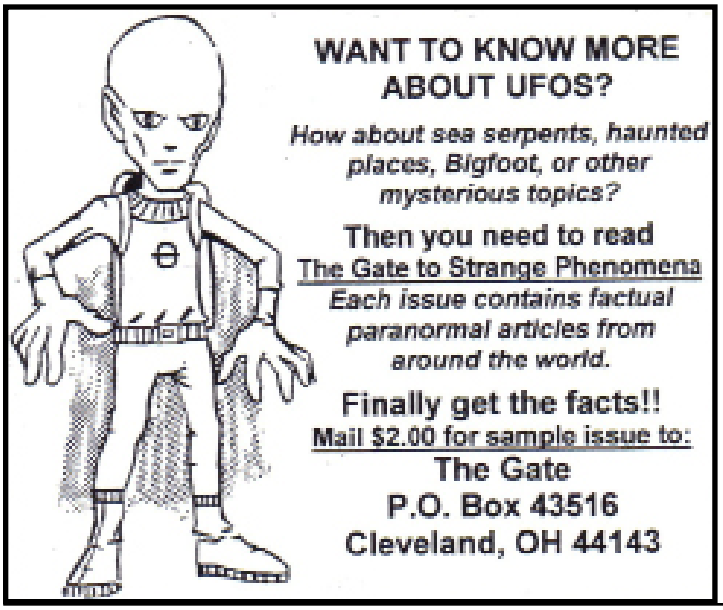
The idea is unnerving and leaves us questioning how many of these non-human intelligences there are and how many pose a threat to our very existence.

Using Lucid Dreaming to Talk to the Dead

Lucid dreaming is a state of sleep where the dreamer becomes aware that they are dreaming and may gain some control over their dream environment, actions, or both. Tree Carr, who is a "dreaming guide," claims we can use this technique to contact the deceased and she has managed to accomplish this herself, according to a *Daily Star* report.

Once a horror movie actress and backup vocalist for Adam Ant, Tree has since become a certified death doula, aiding in the process of dying. Carr is intimately familiar with the line separating the living and the dead.

After her sister died in 2022, she was able to connect with her through dreaming. In the dream, Carr's sister appeared in the shape of a cat and told her, "I love you forever. Keep my son in your life." The dream occurred at the exact time her sister passed away.◆



6 WEREWOLF MOVIES
That Will Transform Your Love of the Genre

Image from *Wolfen* (1981)

By Gwendolyn Kiste, The Lineup

Werewolves. They're often treated as the lesser cinematic monster. After all, there are tons of zombies, vampires, and ghosts throughout movie history. But lycanthropes rarely have the red carpet rolled out for them.

That being said, there are still plenty of great werewolf films out there if you know where to look. So, for your howl-at-the-moon pleasure, here are six werewolf films to watch as soon as possible. Full moon optional.

1. Wolfen (1981)

Cinema has given us so many versions of the Big Apple over the years that eventually you think you've seen it all. But *Wolfen* proves you wrong. This might be the loneliest incarnation of New York City ever to grace the silver screen.

Albert Finney's hard-nosed police officer is investigating a series of murders, not realizing that he's being drawn deeper and deeper into a supernatural world beyond his comprehension. Without a doubt, *Wolfen* is very much of its time, and there are certainly aspects of the movie that haven't aged well, but if nothing else, the use of actual wolves for the werewolf scenes is well done and memorable — and for anyone who's ever watched a *Dracula* adaption and had to witness scruffy German shepherds playing "wolves," you'll understand how much featuring the real deal makes a difference.

And, seriously, what horror fan doesn't want to see werewolves roaming the streets of Manhattan? That alone is worth adding this one to your watch list.

2. The Howling (1981)

So, most people would probably put *An American Werewolf in London* on this list over *The Howling*. And, honestly, the argument can clearly be made in its favor, considering how groundbreaking it was at the time. That being said, given John Landis' deeply problematic past — and the simple fact that I personally don't love his movie as much as Joe Dante's 1981 classic — let's go with *The Howling* instead.

Dee Wallace plays a dogged reporter who's determined to face off with her dangerous stalker and get to the bottom of who he is and what he wants. To be fair, she manages to do exactly that while paying a steep price for the

→

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CREEPY CRATE
BY THE LINEUP

In "Dog Soldiers" (2002), a group of British soldiers on a routine training exercise in the woods realize something dangerous is after them.

knowledge. The seedy cityscapes and fabulous countryside scenes all shot on location in California combine to create an ambiance unlike any other in werewolf movie history.

Plus, the special effects are an absolute blast, including the horrifying transformations and even the stop-motion wolves toward the end. This film is such a nostalgic horror romp, so give it a watch (or re-watch) as soon as you can.

3. The Company of Wolves (1984)

For anyone who knows me or reads my articles regularly, you're already well aware that I'm a huge Angela Carter fan. Her collection, *The Bloody Chamber*, literally changed my horror-loving life, and I'm definitely all the better for it. And while no cinematic adaptation could ever truly do Carter's lush prose justice, director Neil Jordan does a respectable job with this 1984 film.

With his signature style and some very impressive and sumptuous cinematography and set design, *The Company of Wolves* reminds us that the werewolf genre can be set in any era and can look just as beautiful as any arthouse film. Add in some very delightful creatures (more real-life wolves!), and you've got a haunting fairy tale for the ages.

4. Wolf (1994)

The 1990s were an interesting time when it came to the landscape of cinema. There were a lot more films made specifically for adult audiences, as opposed to the modern proliferation of cross-over films like comic book adaptations meant for adults and children alike.

That meant you got some unusual fare, such as this rather contemplative, sophisticated take on the werewolf genre starring Jack Nicholson, Michelle Pfeiffer, Christopher Plummer, and James Spader.

Even looking at that cast list and remembering they starred together in a horror movie directed by Mike Nichols (of *The Graduate* fame) still stuns me in all the best ways.

Also, for writers, there's the added bonus of this film having an entire subplot about how cutthroat the publishing industry is.

Needless to say, Michelle Pfeiffer is amazing in everything, so her presence puts this film up over the top. *Wolf* doesn't get nearly the love that it deserves, so if you haven't seen it before, take my advice and give it a chance. It's a lot of fun.

5. Dog Soldiers (2002)

Possibly the least known of the films on this list, *Dog Soldiers* is one of the most unique werewolf films I've ever seen. The plot goes in directions you don't expect, and the atmosphere is an intense and disarming one.

Director Neil Marshall has since gone on to more acclaim with *The Descent*, *Hellboy*, and *Game of Thrones*, but *Dog Soldiers* is the one that started it all for him. And what a marvelous directorial debut it is. A group of British soldiers on a routine training exercise in the woods realize something dangerous is after them. It doesn't get easier for them from there.

To be honest, it's been years since I've seen this one, which means I'm long overdue for a rewatch. So, let's all put this one on our streaming queue ASAP, shall we?

6. Ginger Snaps (2000)

I remember seeing this for the first time when I was a teenager, and I'm not sure I've ever been the same. Sisters Ginger and Bridgitte are morbid and inseparable, living in their boring suburb with their clueless family.

That is, until Ginger starts her period and is promptly attacked by a strange feral creature. Dealing with coming-of-age in an undoubtedly brutal way, *Ginger Snaps* is a movie that understands what it's like to be different and not fit in with the rest of the crowd. A decisively feminist twist on the traditional werewolf tale, this one sticks with you.◆

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www.youtube.com/channel/UCI3Dv4rY6SzAyJrOFab21HQ/featured

GHOST BEHAVIORIST CHRIS BORES:

Shattering the Veil Between Worlds

By Cheryl Knight-Wilson

In a world shrouded by mystery and skepticism, Chris Bores has emerged as a figure who defies conventional wisdom. Not your run-of-the-mill ghost hunter, Chris holds the unique title of "ghost behaviorist."

For more than a decade, he has been plumbing the spectral depths of Toledo, Ohio — a city teeming with haunted history and otherworldly phenomena. With a rich background in ancient texts, Buddhism, psychology, and sociology, as well as his work as a ghost tour guide at the Oliver House and Collingwood Arts Center, Chris brings an eclectic but rigorously intellectual approach to the field of paranormal research.

As the host of the YouTube show, *Ghost Doctor*, and the author of *Ghost Hunting 2.0*, Chris has been no stranger to the spotlight. His latest endeavor, a new book titled *Haunted Toledo*, is setting a new paradigm. This isn't just another spooky tale to be whispered around campfires; it is a comprehensive dive into a blend of history, eyewitness accounts, and what can only be termed as "ghostly interviews."

What sets Bores apart is his ground-breaking methodology. By amalgamating theories from psychology and sociology with insights from ancient texts, he has devised a novel ghost classification system that has led to some jaw-dropping outcomes, including spirit interactions that have lasted an astonishing 90 minutes.

Chris recently talked with *Paranormal Underground* magazine about his unconventional approaches, the enigmas of the spirit world, and why *Haunted Toledo* is much more than a regional curiosity.

* * * * *

Q: Can you elaborate on what a Ghost Behaviorist is and how it distinguishes you from traditional ghost hunters or paranormal investigators?

Ghost behaviorist Chris Bores harnesses ancient wisdom and modern psychology to engage the spirit world.

Chris: A Ghost Behaviorist studies the behavior pattern of spirits. This allows for getting into their psyche to figure out their needs, wants, and ailments. Doing this has also allowed me to create a ghost classification system that helps tailor my approach to quickly build a rapport to get them talking, keep them talking, and pull out valuable data that is otherwise difficult to obtain.

No one has ever come at the spirit world in this manner, and it is light years ahead of what most ghost hunters do in the field. When I interact with ghosts, I'm armed with tactics pulled from psychology, sociology, ancient texts, quantum physics, etc. I've spent a very long time creating and fine-tuning this "super-powered" approach that really is unmatched and breaks the mold of what

Chris hosts the "Ghost Doctor" YouTube series, where he examines paranormal evidence with a clinical eye, fusing scientific rigor and spiritual curiosity in each episode. The symbols in the image above represent different spirit types.

people think can be achieved in ghost communication. And that's been my ultimate goal since day one: finding the next level to the paranormal.

Q: Your new book claims to provide evidence for "the first ever ghost hand materializing out of thin air" at the Oliver House. Can you take us through that moment, and how it may have shifted your perspective on ghostly interactions?

Chris: When I come at spirits in a psychological manner, I often hit these waypoints where spirits want to prove themselves to me. It's an interesting dance. During this particular encounter you've referenced, I was interacting with a spirit of a woman who was very protective of the child spirits in the area.

As I began addressing the root problem of her overbearing behavior, she began to emotionally lash out at me. She gave up a few EVPs saying, "Get out," before she started cursing at me. This doesn't surprise me, though, since she's been locked in the same behavior patterns for over 100 years. She's probably thinking, "Who does this guy think he is coming into my home and pointing out my flaws?"

So, after addressing her issues, this flash of light appeared in my video footage directly in my line of sight. Now, I didn't see this occur at the time because it happened within 1/8th of a second. That's faster than the human eye can observe. Thankfully, video cameras record at 30 frames a second, so I got it on film.

At first, I thought this light anomaly was a reflection, so I initially dismissed it. But after going through the footage a second time, I thought, *Wait a minute. What the heck did this thing even reflect off of?* It made no sense. Then when I examined the light frame by frame, I about fell off of my chair. I watched as the light transformed itself into the image of a hand. It had very defined fingers, a thumb, and a palm. And it occurred the exact moment my REM-POD went off!

The most compelling thing about this piece of footage is that the spirit light appeared green hued in color. This is in itself groundbreaking, because it's the very first time a ghost light as been captured without a night vision filter on. So, we finally get to see the actual color of a manifesting ghost!

This is important to point out, because I've been doing extended research, experimentation, and questioning spirits on what this all means, and I've come to understand that spirit colors are another mind-blowing layer to all this, which holds special significance! I'm not ready to reveal what that entails just yet, but let just say it's another earth-shattering discovery to add to my other jaw-dropping discoveries.

Q: On that note, your book delves into the concept of "Rules to the Afterlife," which you discovered. What are some of these rules, and how did you come to discover that spirits must adhere to them?

Chris: Back in 2012, I was watching every single paranormal TV show out there. I noticed around this time that the genre hit this sticking point, where investigators seemed unaware of what to do with a spirit once they found it. It was very frustrating to watch, since I had been studying ancient texts and psychology and knew what to do.

I saw the ball was being dropped every time, so I de-

The Oliver House epiphany: A still frame captures the moment a "ghost hand" materializes during a paranormal investigation.

cided to go out and prove there was a better way of doing things.

In 2012, I traveled to the St. Augustine Lighthouse in Florida and ended up conversing with all the friendly spirits there. I asked them many questions and used psychological ploys to keep them talking longer than usual. Later, when I added up the total interaction time, it clocked in at over 90 minutes. This was unheard of! To this day, no one has come close to duplicating that success.

You can even watch it for yourself on my YouTube channel: Ghost Doctor – St. Augustine Lighthouse. It's one of the most unique interactions ever with a spirit, especially when it came to the subject matter. Things got crazy when I began asking specific questions about the afterlife, causing the girl we were talking to, Eliza, to stop talking to us.

When she left, I spent a good two to three minutes coaxing her back into the conversation. After returning a third time, I saw a pattern emerge. I straight out asked her, "Are there certain things I shouldn't be asking you?"

Eliza cautiously answered back. "Yes."

Then I asked the following. "Are there certain things you are not allowed to tell us?"

"Yes."

"Are there certain things that we are not supposed to know?"

"Yes"

"Will you get in trouble if you talk about them?"

"Yes. "

"So, even if you wanted to, you could not make our meters spike or communicate in any way about those topics?"

Eliza spiked the meter as strong as she could: Yes.

This blew my mind. It also raised a whole new set of questions I had to know! What happens to anyone breaking those rules? What are those punishments? How many rules are there? And the most important of all: Who is policing the afterlife!?

From that point on, I spent the next decade mastering my craft so I could regularly talk to ghosts, befriend them, and get all those important answers everyone has about the afterlife. This has currently led me to greater heights, including helping spirits, healing them, and really going beyond the normal ghost-hunter approach.

Q: Can you provide a bit more detail on what spirits aren't allowed to talk about and why?

Chris: That is tricky to answer, because one of the rules is, "Don't talk about the rules!" A ghost can admit these rules exist, but they are restricted from divulging too much beyond that. Whenever I bring up the subject of "afterlife rules" to any ghost I encounter, they do confirm they exist. But, their behavior changes rapidly, and I instantly feel that they are starting to get very nervous about even mentioning it.

This is because revealing certain aspects about these afterlife secrets have punishments attached to them. And punishments can range from spending time in purgatory to being stripped of the karma they've acquired. This is something they don't want happening to them.

Simply put, we as humans are not supposed to know certain things about the afterlife. This ruins aspects of our spiritual growth and our own life's journey. But with that being said, these rules are very similar to how the 10 Commandments are there for the living to follow. And one of the neat pieces of information I've gotten is that there are more than just 10 rules for spirits to follow.

So, what are these rules? Well, from what I've been able to piece together, the most straightforward rule is that they have to follow basic universal law. Universal laws are intrinsic, unchanging laws that all ancient cultures have always just intuitively known and adhere too. Another rule is that they cannot interfere with anyone's personal growth or preordained life path.

Now, you might be thinking, I've heard stories of demons violating those rules. Yes, you're right, they do. But demons are on a different spiritual path altogether. They cannot be lumped into this group. Demons have chosen a path away from the light, where destruction and perversion is rewarded. Their harmful actions actually cause them to "level up," so to speak, into the dark side, but that is a whole other series of discussions.

Chris takes a break at the Collingwood Arts Center, where he worked as a ghost tour guide. The haunted location became Chris' training ground for learning how to interact with spirits.

Q: *Haunted Toledo* talks about a revolutionary classification system that you've created for ghost interactions. Can you briefly explain this system and how it has led to some of the longest spirit interactions ever recorded?

Chris: When I started getting serious about this work, I went back and broke down all my personal interactions I've had with ghosts and filtered them through a psychological lens. I started seeing that there were spirits with unfinished business, anger issues, introverted/extroverted issues, and some that just loved to wander around.

As I explored what all this meant, it all boiled down to their mindset. Once I figured that out, everything else fell into place. My classification system came together, and it encompassed every single spiritual being I've ever encountered or heard about. AND IT ALL MADE SENSE! I understood why they did the things they did and even plotted out a chart of how ghosts evolve or de-evolve in the afterlife. That framework allowed me to understand spirits on a deeper level and really get personable with them, which in turns gets interactions lasting even longer!

Q: You've stated that there is a spiritual tier system and different realms in the afterlife. Can you share some insights into these tiers and realms? How do they affect interactions with spirits?

Chris: To really grasp the concept of the layered afterlife, I had to turn to Eastern philosophy and Buddhism. To my knowledge, I'm the only ghost investigator out there using Eastern religions in their paranormal studies. I find their texts invaluable to the work I do, especially *The Tibetan Book of the Dead*.

This is a difficult book to comprehend, but one thing it lays out is that there are six main realms that exist in the afterlife — I've discovered more, but let's stick to these for now. After a person dies, they sometimes gravitate to one of these realms if their mindset is tuned into that vibrational frequency.

As a ghost behaviorist, it's important for me to know this, because the mindset of a ghost is mainly the culprit behind the dangers they now face. Each of these realms operates by their own set of rules, conditions, and dangers. For instance, the Titan realm attracts the prideful, the Jealous God realm attracts the greedy, the Hungry Ghost realm attracts the mentally hungry, and so on. After understanding their condition, I can then help them by pushing them out of that state and on to where they need to go.

The number one thing ghost hunters capture from

→

A look at Chris' portable altar, an arsenal of mantras and rituals designed to assist each spirit type.

ghosts are voices asking for help. Earthbound spirits are here for a reason, and it's usually because they are in situations they can't find their way out of. So, being aware of different realms and mind states really helps me to give them the help they need.

Q: How do you offer help and assistance to spirits?

Chris: I have created custom and specific mantras and prayer rituals for each spirit type. This includes demons as well. I have also created the very first portable altar to assist me, which I set up at a location, perform the rituals needed, and then tear down afterward with ease.

I stay pretty busy locally, since paranormal issues are constantly on the rise. What people don't realize is that most ghost problems can be avoided if they know how to purify and cleanse their home properly. I even know Catholic priests that run into the problem of encountering the same demons over and over again because they don't address the demon itself; they just push it out, which causes it to go away and haunt someone new. My tactics are able to address all those issues and more.

Q: Your book hints at the role of quantum theory and quantum entanglement in the spiritual realm. Could you shed some light on how these scientific theories intersect with your paranormal investigations?

Chris: Within quantum studies, there is this law called the uncertainty principle. It states that "the observer collapses the quantum state." This means that a ghost cannot manipulate a physical object as long as I watch or observe it.

There have been times when I've asked a spirit to move something. When nothing happens, I'll ask, "Are you trying to move it?" They'll say, "Yes." Since I'm watching the item, this uncertainty principal prevents a spirit from moving it.

One time I told this boy spirit to move a ball I placed on the ground for him. I turned away for 10 seconds and looked back. The ball moved a centimeter over, and it was vibrating! So, it does work. And yes, this is also another rule that spirits have to follow!

As for quantum entanglement, one time I set up a few EDI meters around a large building. While I was on the far side of the building, I began performing a healing ritual for the spirit I was interacting with. As I chanted and used singing bowls, the EDI meter on the other side of the building (which was a few hundred feet apart) began going bonkers for the entire two minutes my ceremony was being performed.

The meter finally went silent upon me ending my prayer. This was the only time that entire night that meter went off! So, this singular event revealed how two points within the building can be somehow linked on a quantum level, proving the existence of quantum entanglement.

Q: You've been a ghost tour guide at the Oliver House and Collingwood Arts Center for almost a decade. Are there specific experiences or encounters at these locations that inspired the methodologies outlined in *Haunted Toledo*?

Chris: The Collingwood Arts Center is a very haunted location and became my training ground for learning how to interact with spirits. It's an art form that takes countless hours to master, because there are so many nuances. You have to learn how to be commanding but not pushy; know the right thing to say but not be boring.

I've gotten so good at this that I can usually pinpoint the exact moment when a spirit leaves my conversation. Suffice to say, I've tested all sorts of theories, overcame many obstacles, and interacted with both friendly and demonic spirits alike.

Encounters turn out both heartwarming and unnerv-

ing. For instance, one time a ghost played music for us on these different tone devices I had placed around the room. Another time they performed this weird shadow puppet show on the wall, and the craziest stunt of all was that I created a vaudeville act with a ghost — I kid you not! Every time I took a tour group into the basement, we performed this routine where I asked, "Are you bored? Do you want us to slap someone?"

Then I had a plant in the audience say, "Do you want us to slap Chris?" At that very moment, all the meters in the room would go off. This always elicited huge laughter from the crowd. It happened every single time without fail. I even had regulars come back just to see that moment play out!

What's even more amazing is whenever I performed that same routine without a group present, the ghost never spiked the meter on that mark. It only happened with people around. It was wild, and I doubt I'll ever witness anything like that again.

Q: Your background is eclectic, incorporating elements of ancient texts, Buddhism, psychology, and sociology. How do these diverse fields inform your approach to paranormal investigations?

Chris: I've been a ghost tour guide for over a decade. I've seen every approach ghost hunters use and see how they produce a certain set of finite outcomes. Thinking outside the box with new techniques is the only way to advance this field further. I use sociology to help draw spirits out, psychologically to befriend spirits quickly, a classification system to understand them better, Buddhism for healing, etc.

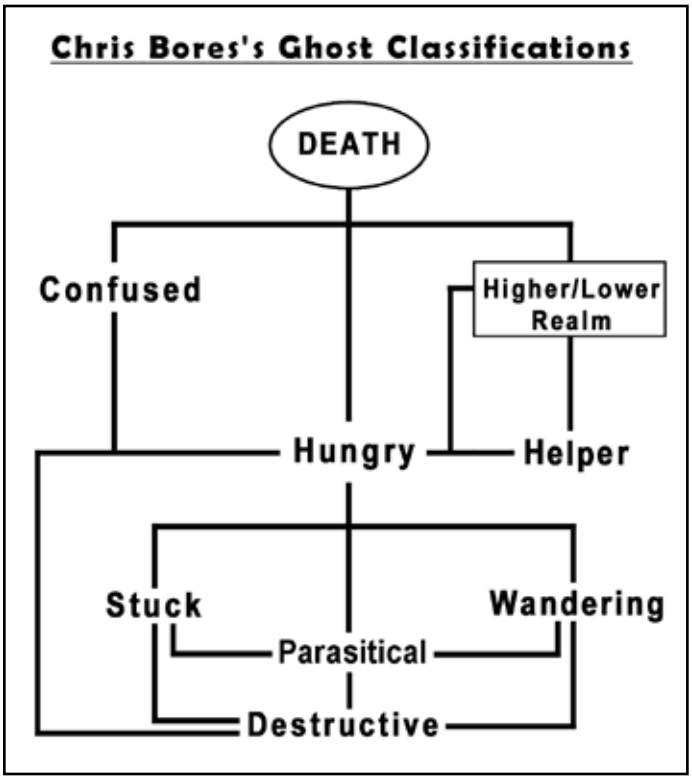
I look at it this way: Einstein had theories of relativity to advance science, and Alexander Fleming created penicillin to advance medicine. The paranormal field has stagnated over the last decade, and it's long overdue for a huge shake up. I hope I can help usher in a new era with my techniques.

Q: You have been featured in various media outlets, from *CBS News* to *Coast to Coast AM*. How have these platforms helped to validate or challenge your methods and findings?

Chris: This last year has been absolutely insane. People are hungry for deeper understandings of the afterlife. Once I start my Q&A segments, I can't get away! I sit there for hours answering questions, because my answers always cause five more hands to go up!

The public is really craving this deeper knowledge, because it's not the same talking points regurgitated a thousand times over. Like when I start talking about rules to the afterlife, it's something fresh and new. I start connecting the dots, and I literally see people have these jaw-dropping moments one after the other.

It's very rewarding to experience, and that validates my work as a ghost behaviorist.



Chris' ghost classification system helped lead to 90 minutes of spirit interaction at the St. Augustine Lighthouse in Florida.

Q: Lastly, what's next for you? Are there upcoming projects or investigations that readers and viewers should be looking forward to — and where can they find you online?

Chris: I have a few Halloween lectures planned in October, and I stay busy with house cleansings. I've posted one on my YouTube *Ghost Doctor* channel called "Lakefront House". In it, you clearly see a ghost pulling out a sheet of paper from its resting spot in broad daylight! It looks like an invisible hand tugging on it, which is one of the most unique things I've ever caught on film.

Make sure you check out my other videos too at www.Ghostbehaviorist.com.

* * * * *

For more information about Chris and his work, visit YouTube, Facebook, Twitter, and Amazon. ◆

MIND OVER MATTER

The Fascinating World of Tulpamancy

By Chad Wilson

In the vast landscape of the human mind, the concept of tulpas has been gaining prominence in recent years, sparking intrigue and curiosity among those who delve into the mysteries of consciousness.

Tulpas, often associated with Tibetan Buddhism but with a contemporary twist, represent a fascinating exploration of the human capacity to shape and manifest thoughts and entities.

Unveiling the Mystery of Tulpas

Tulpas, in essence, are thought forms or mental constructs created by the sheer power of one's imagination and intention. The term "tulpa" itself derives from Tibetan Buddhism, where it refers to a concept of emanation or manifestation. In the context of contemporary tulpamancy, practitioners intentionally create these mental entities through focused thought, meditation, and visualization.

The process of tulpa creation typically involves the practitioner dedicating significant time and energy to developing their tulpa's personality, appearance, and even backstory. Through consistent meditation and concentration, the tulpa gradually takes on a life of its own, with some even reporting that their tulpas gain independence and autonomy, engaging in conversations and activities beyond the creator's control.

The Power of the Mind

The emergence of tulpas raises profound questions about the capabilities of the human mind. Can we truly manifest sentient beings through thought alone? While some may remain skeptical, the anecdotal evidence from tulpamancers suggests that, at the very least, the mind has an astonishing capacity to conjure and sustain complex mental constructs.

It's important to note that tulpamancy isn't necessarily rooted in mysticism or the paranormal; rather, it highlights the remarkable plasticity of human cognition. Our minds are, in many ways, creators of our realities. Tulpas, in this context, exemplify how our thoughts can take on a life of their own when nurtured with dedication and belief.

Tulpas in the Real World

Most examples of individuals or groups creating tulpas are anecdotal and often come from personal accounts, as the scientific study of this phenomenon is still relatively limited. But there are many documented cases of tulpamancy, including these:

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• Alexandra David-Néel: One of the earliest Western accounts of creating a tulpa comes from the Belgian-French explorer Alexandra David-Néel. In her book "Magic and Mystery in Tibet," she recounts her experiences with Tibetan mystics and claims to have created a tulpa in the form of a jolly monk. Eventually, she had to "dissolve" the tulpa as it started to become malevolent.

• The Philip Experiment: Conducted in the 1970s by a group of Canadian parapsychologists, this experiment aimed to create a "ghost" through collective belief and focus — a form of tulpamancy. The group invented a fictional character named Philip and conducted séances to try and contact him. Reportedly, they experienced unexplained phenomena, including table movements and rappings.

• Dr. Samuel Veissière's Study: Dr. Samuel Veissière, a cognitive anthropologist, conducted a study on tulpamancy. In his work, he cites instances of individuals who claim to have successfully created tulpas. While this isn't a single example, it is a collection of examples that have been subject to some level of academic scrutiny.

• Brony Community: Within the Brony community (fans of *My Little Pony*), there has been a subculture dedicated to creating tulpas based on the show's characters. While this might be seen as an extension of fandom, these individuals seriously engage in practices aiming to create sentient tulpas.

• Reddit User Case Studies: There are numerous case studies and personal accounts on platforms such as Reddit where individuals describe their experiences with creating tulpas. For example, a Reddit user might post a detailed account of how they created a tulpa over a span of several months, describing their techniques and the interactions they've had with their thoughtform.

• YouTube Channels: Some individuals share their tulpamancy journey via YouTube. These YouTubers document their progress, techniques, and experiences, serving as real-life instances of people creating tulpas.

The Ethics and Implications

The rise of tulpamancy has also sparked ethical and philosophical discussions. Some argue that creating sentient beings within one's mind can raise concerns about consent and responsibility. After all, if a tulpa gains independence, should it be treated as a separate entity with rights and autonomy? The ethics of tulpamancy become even murkier when considering the potential consequences of creating and abandoning tulpas.

Furthermore, tulpas challenge the conventional boundaries between reality and imagination. This leaves us to ponder whether tulpas blur the line between sanity and delusion, and what implications this may have for our understanding of mental health.

The Future of Tulpas

The phenomenon of tulpamancy continues to evolve in the digital age, with online communities providing a platform for practitioners to share experiences, techniques, and support. Some tulpamancers even integrate their tulpas into their daily lives, seeking companionship, creativity, and self-improvement through this unique form of inner exploration.

As our understanding of consciousness deepens, it's conceivable that tulpas will remain a subject of fascination and inquiry. Whether regarded as psychological quirks or windows into the untapped potential of the human mind, tulpas serve as a captivating reminder that the frontiers of our cognition are far from fully charted. ◆

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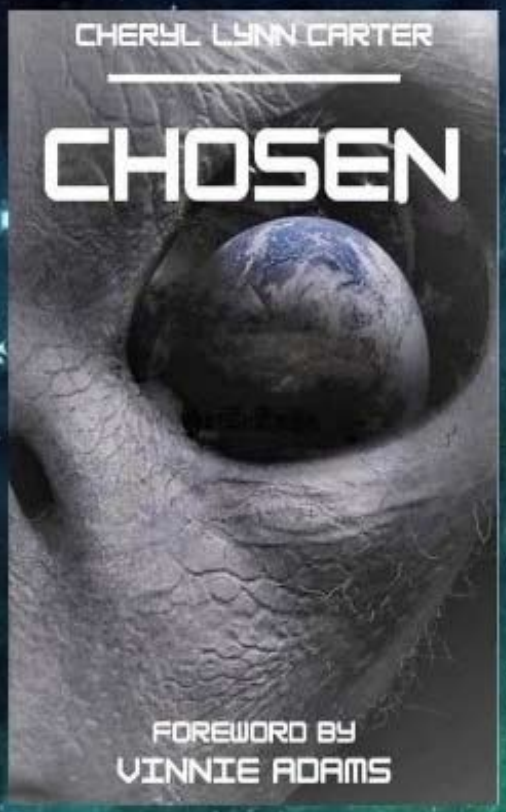

Consciousness is described as perceptual awareness or higher-order thought. Further studies reveal the possibility of human interaction with non-human intelligence. Experiencers know this to be true. These glimpses of other realities leave one wondering:

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Love, War & Specters

Unveiling the Mysteries of Ireland's Ross Castle

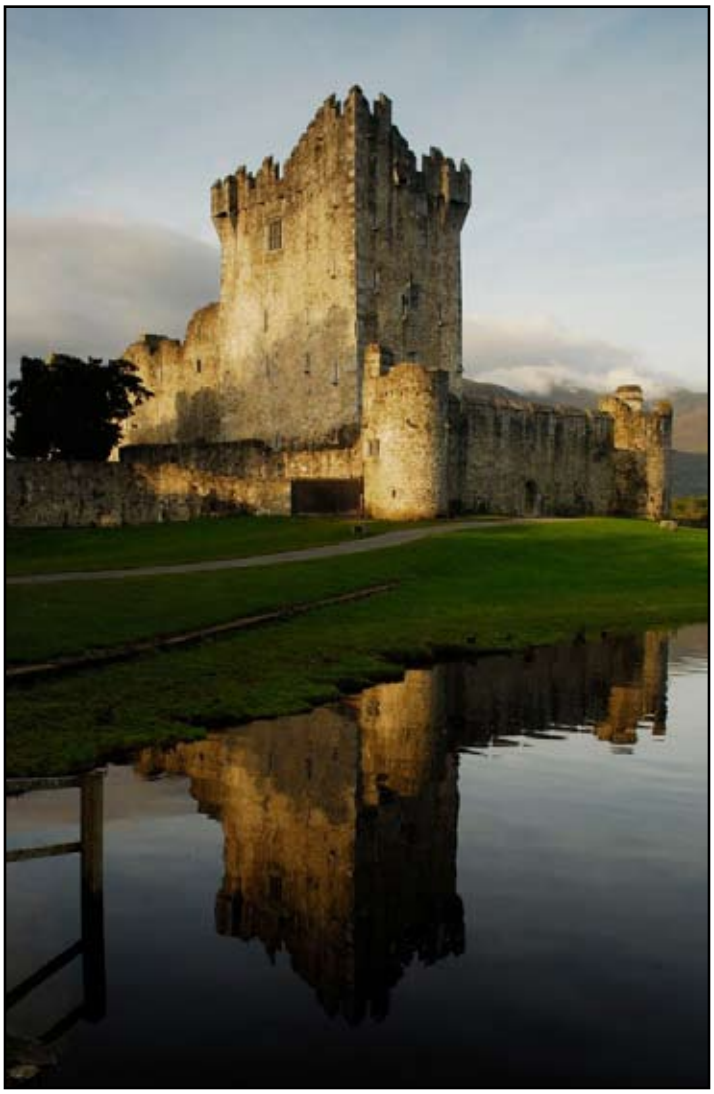
By Paul Dale Roberts, Halo Paranormal Investigations

Ireland's Ross Castle was built in the latter half of the 15th century. A local ruling clan, called the O'Donoghues Mór (Ross), took control of Ross Castle during the changing of the guard from the Second Desmond Rebellion, which occurred in the 1580s via the MacCarthy Mór.

The castle then went to Sir Valentine Browne, who was the ancestor of the Earls of Kenmare. The castle was a stronghold and one of the last castles to surrender to Oliver Cromwell's Roundheads in what was called the Irish Confederate Wars. The use of artillery was a success in bringing down Ross Castle. The artillery was brought in by boat from the River Laune.

Lord Muskerry (MacCarthy) held the castle against Edmund Ludlow, who had an army of 4,000 foot-soldiers, along with 200 horses. Ludlow's army didn't get the credit for taking down Ross Castle; it was the boat with artillery that broke down the fortification.

There was a prophesy that nothing will bring down Ross Castle, except for a warship — and that is exactly what happened. The prophesy came true. One of the strangest legends about Ross Castle is that O'Donoghue jumped out of a window from one of the high towers with his horse, table and library and now he lives in a great palace at the bottom of the lake.



Pictured above is the imposing facade of Ross Castle, a 15th-century stronghold that has witnessed clan power struggles and a surrender to a prophesied warship. The castle is a fortress where legends and history intertwine.

The Ghosts of Ross Castle

Ross Castle is a majestic fortress that overlooks Lough Sheelin, which is one of Ireland's midland lakes. During its prime, Ross Castle was a fantastic strategic defense fortress. As such, Ross Castle has seen its share of death during various skirmishes that occurred at this location.

A ghost that wanders the castle and surrounding land is Richard Nugent — aka the Black Baron. The Black Baron had control of this castle in the year 1536. He was known for his cruel streak, which often led to death for

The corridors of Ross Castle are home to apparitions and shadow figures, including English soldiers and the merciless Black Baron. The resident ghosts are a haunting reminder of a turbulent past. (Photo: Heritage Ireland)

people living on his land. In one case, a women baked a loaf of bread and placed it on her windowsill. A dog happened upon the loaf of bread and made off with it. The lady saw a beggar nearby and, not knowing the stray dog stole the bread, she yelled, "Thief, thief!" at the beggar.

The Black Baron apprehended the beggar immediately and had his men build a gallows on the spot. He hung the beggar right there and then. The Black Baron was merciless; it didn't matter that the beggar told him that he did not steal the bread. There were also witnesses who told the Baron that a dog stole the bread. But, he didn't care and hung the beggar anyway.

Shadow people have been spotted the castle, as well as full-bodied apparitions of English soldiers walking toward the castle and then mysteriously disappearing.

Glowing red eyes have been seen in the lake itself. When fishermen see the red eyes glowing underneath the waters of the lake, their boats start rocking. And several fishermen have fallen off of their boats. Some believe that the glowing red eyes in the lakes are "red-eyed lake devils." Their main purpose is to drown their victims and take their souls.

Encountering Sabrina the Ghost: A Sad Spirit Looking for Her Lost Love

During my travels in Ireland, I met Evelyn on a fairy-walk. She told me that she saw a ghost at the castle, who was named Sabrina. The story of Sabrina is that she was the daughter of the Black Baron. Sabrina fell in love with Orwin, the son of an O'Reilly Chieftain.

The Black Baron was sworn enemies with the O'Reilly Chieftain and his clan, so Sabrina had to secretly see her boyfriend, Orwin. If Orwin was caught with Sabrina, he could be executed by the Black Baron.

Sabrina and Orwin secretly carried on their affair. One night, they met on a boat at the lake. During their time on the boat, a storm came in and Orwin fell off the boat. He was swept away and eventually drowned. Sabrina was so upset that she locked herself in one of the high towers of the castle and died of starvation.

To this day, Sabrina is seen wandering around by the lake, looking for her lost lover. Evelyn has seen Sabrina with her own eyes and knows that the ghost of Sabrina is very real. ◆

The Crop Circle That Wasn't

By Philip Mantle, Flying Disk Press

On June 21, 2005, British bicyclist Mike Booth was out for his regular constitutional at about 6:30 p.m., pedaling along the road through Lockeridge in Wiltshire, England, toward the tiny rural village of Alton Barnes — for many years a center of crop circle activity.

As he passed by the fields known as Boreham Down, which rise up from the road on both the left and right, near the village of Lockeridge, he was startled to observe three to four whitish, metallic-looking objects about 200 yards away up in the field off to his left. They were slowly gliding along through the tops of the young wheat.

Mike estimated that the objects were approximately six feet long and four feet wide, with dome-shaped tops sticking up above the seed-heads by about two to three feet. His impression was that they were not touching the ground, but were only flattening the upper portion of the plants, leaving random trails in the young crop behind them as they moved.

The photograph on this page was taken on June 22, 2005, by Mike, and it shows one of the tracks left by the objects in the young wheat. In this photo, it appears that only the tops of the plants have been bent over, although later on in the season, this track — and the others apparently made by the objects — were flat to the ground. Cars at top/left of the photo show Mike's approximate location on the evening of June 21.

As Mike stopped to watch the strange spectacle, he realized that the objects had stopped moving. He had a peculiar sense that they had done so because they were now "aware" of him sitting on his bike at the bottom of the hill. And in spite of the fact that he had a mobile phone with a camera with him and did consider taking photograph, he — for reasons he can't explain — decided not to.

This photograph shows one of the tracks left by the objects Mike spotted in the wheat. (Photo by Mike Booth)

As is often noted by people who have witnessed similar bizarre events, Mike later realized his behavior at the time was uncharacteristically "passive," since he simply accepted the idea that he should "leave it alone" and continue on his way. Which is exactly what he did.

On the following day, a geometric crop circle was discovered in this same field, but it was in another section not fully visible from the road where Mike had stopped

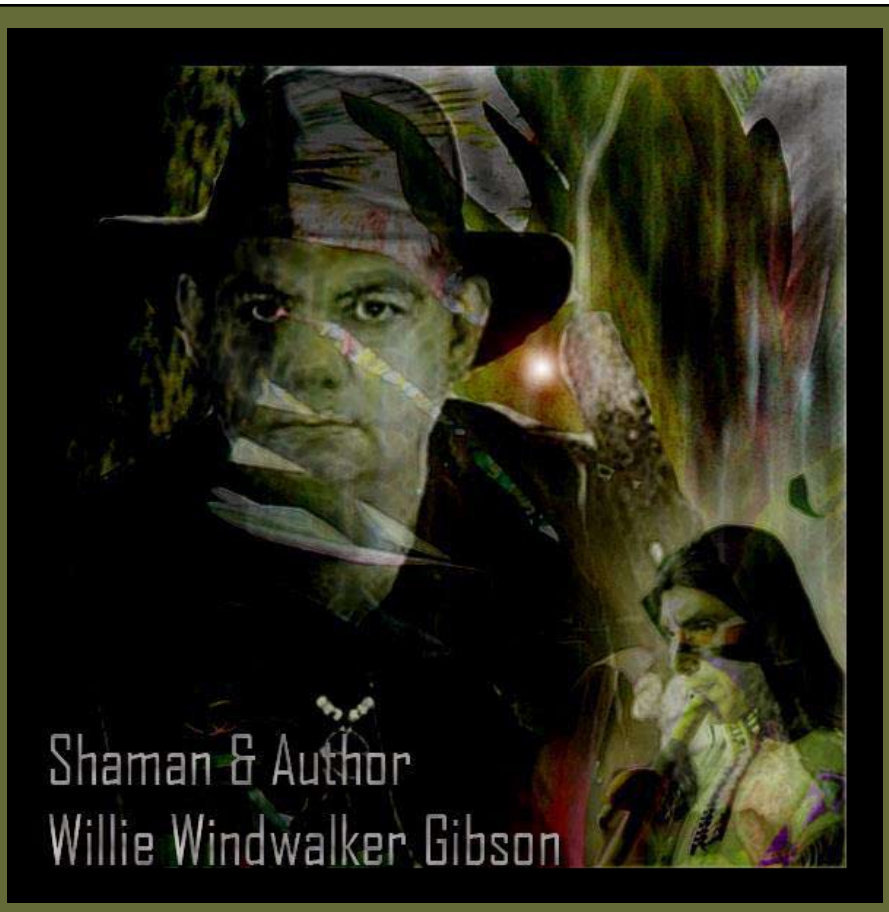
The illustration at left is an artist's impression of the objects witnessed by Mike Booth.

his bicycle. It is not clear if this formation was in the field during his encounter.

This more typical "geometric" crop circle, however, was highly unusual in one detail: The entire outer edge was formed by plants that had been cut — in fact shredded — rather than simply flattened as is usually the case. These shredded plants were found piled up in various places throughout the outer edge area, as if placed there deliberately by someone. Subsequent conversation with the farmer is reported to rule out his involvement.

I must admit that I am not a fan of so-called "crop circles" and have had little involvement with them. An old colleague of mine, Walter Black from the Yorkshire UFO Society (YUFOS), and I did venture down to Wiltshire in the 1980's when photographs of these "circles" first appeared in the media. If you have been involved in ufology for as long as I have in the U.K., then you cannot escape them.

There is no way that I am going to get into the debate about crop circles here; we can leave that for another time. I did, however, want to bring this case to your attention, as it is one of those where you thought it would be an obvious thing to do and photograph the event. Why did Mike not take any photographs? This is something that I have come across time and time again in such cases, and I don't have an answer. ◆



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THE ENIGMA OF ARIZONA

The Mogollon Monster

By Cheryl Knight-Wilson

In the vast stretches of Arizona's forests and wilderness, a creature of myth and local folklore has captured imaginations for generations — the Mogollon Monster.

This cryptid, often described as Bigfoot's Southwestern cousin, has been the subject of campfire stories, amateur investigations, and a slew of reported sightings. The legend of the Mogollon Monster presents a compelling narrative that interweaves cultural folklore, human psychology, and the vast, untamed landscapes of the American Southwest.

Origins, Descriptions & Sightings

The name "Mogollon Monster" derives from the Mogollon Rim, a geological feature that slices across the state of Arizona. The monster is usually described as a large, bipedal creature, covered in fur, and standing approximately 7 to 8 feet tall.

Witnesses often recount a nauseating stench that accompanies the creature, described variously as akin to "dead fish," "musk," or "decaying peat moss."

The first recorded sighting dates back to the early 20th century, although Native American tribes in the region have stories that could very well predate this. Since then, numerous individuals have claimed encounters, some even venturing as far as presenting footprints, photographs, and sound recordings as evidence.

These pieces of "proof," however, often suffer from a lack of scientific rigor and credibility, keeping the Mogollon Monster firmly in the realm of local legend rather than biological reality.

Top Mogollon Monster Encounters

Don Davis' 1940s Boy Scout Encounter: One of most frequently cited accounts came from Don Davis, who claimed to have encountered the creature during a Boy Scout trip in the 1940s near Payson, Arizona. The creature was said to be huge, with deep-set eyes and massive arms.

Mitch Waite's Account: The late-Mitch Waite, the founder of MogollonMonster.com, was an avid researcher and claimed to have multiple encounters with the creature. His most famous account came in 2006 when Waite claimed to have recorded vocalizations of the monster near Payson, Arizona. Waite also stated that he discovered large footprints at the site, which he believes were left by the creature.

Marjorie Grimes Encounter: Grimes, who resides in Whiteriver, Arizona, reported multiple sightings of the creature spanning from 1982 to 2004. She characterized the creature as being tall and black in color, moving with large strides.

Fort Apache Sightings: The creature has also been spotted by a few people on the Fort Apache Indian Reservation. ◆

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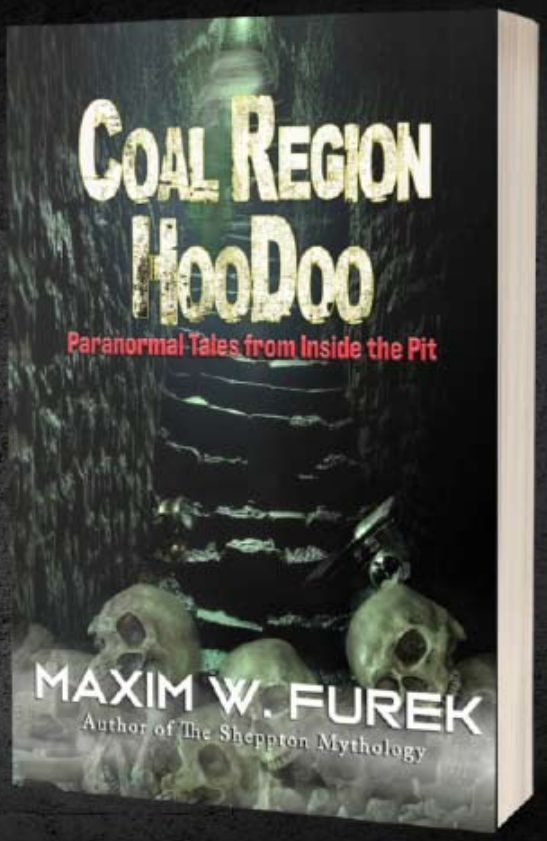

BEYOND THE FRAY
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ANCIENT SPIRITS HELP SETTLE A MODERN DEBT

By T Stokes

This is an odd tale. And looking back, I am not very proud of my part in it. It began with the introduction of the Abercrombie plan in 1944. Germany had been totally destroyed, but certain of Hitler's ideas were to be implemented here in the U.K., such as the National Health Service, paid out of weekly wages, as well as a proper road system.

U.K. roads were built in the days of horses and carts. Germany had the Volkswagen or "people's car," and the U.K. had, from 1950, the Morris Minor — a cheap U.K. "people's car." The secret plan was to build proper motorways like the ones in Germany and to import in millions of migrants over a long period into the U.K.

So, when a new 117-mile motorway, the M25, was being pushed through some ancient countryside in Essex — called Epping Forest — realters that are known in the U.K. as estate agents saw the advantage of homes with access to the new motorway around London. They had a field day doubling prices of homes for sale.

Estate agents are very aware of "stickers" — spirits attached to a home — and some homes just will not sell. Dropping the price does not work, as the public just won't buy. Often, an estate agent will contact someone like myself and ask for a spiritual cleansing. The word exorcism is never used, but cleaning through past diseased vibes, toxic character conditions, spent emotional hurts, and spiritual residues — all known as "resi" — are part of the healing course. Then, often, a house can be sold.

I was called in to cleanse a cottage. This empty cottage was based on a 14th- century thatched home and was badly in need of restoration. It had been up for sale for some time at a ridiculously low price. I arrived at "Druids Cottage," and I used the huge door key to enter. I walked around inside, scaring the pigeons out of the hole in the roof.

I sat down to assess the kind of spirits that were there.

Old, dusty, damp corner skirting boards are the favorite habitat of elementals. These are a common, basic mischievous spirit that can give great irritation to people, and they can bring about strange health conditions that don't clear up. They also can be responsible for nocturnal scratchings and scraping sounds.

I took a small bottle from my bag, put it on the floor, and read out the 23rd psalm. I told the elemental spirits they must, in God's name, enter the bottle. I then banged the lid on tight and quickly left. My intention was to release the spirits in Epping Forest on the way back, where they could do no harm. But a taxi pulled up outside, which was sent by the estate agent's office. So, I took the cab home.

Some years later, a friend had come out of a very difficult marriage. And although vulnerable and emotionally wobbly, she had joined a dating agency. A handsome,

young man paid her a lot of attention, made many promises, and she was smitten.

This man told her he was a big business man but all his money was tied up. He asked if she could loan him her divorce settlement money for two weeks. Then he would repay her with a little interest.

She fell for it and gave over the money. Of course, she did not hear from him again.

On checking, the man had not used his real name and was now out of the country. While the police could not get to him, we could. Going the to the shelf at the back of my shed, I picked up the little bottle with the angry elementals in it and said, "In exchange for your freedom, I have a little job for you boys."

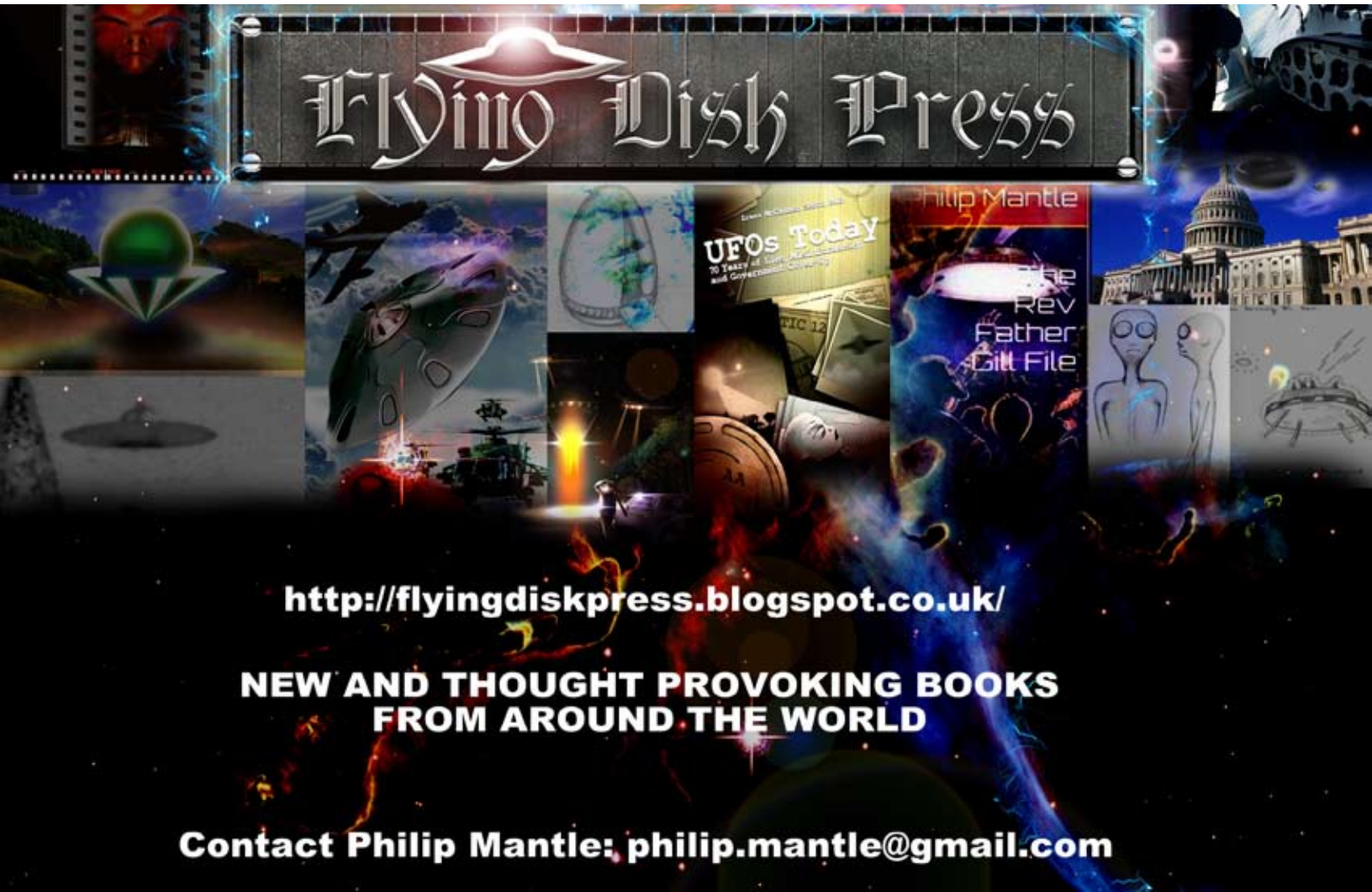
Before I continue, please do not try this at home. Conjuration of spirits is not an easy task.

Continuing, I placed the photo of this man on the table in the midday sun — remember, these are creatures of the night, and bright sunlight is painful to them. I promised them in the names of the four archangels they would never again be subjected to sunshine, but they must attach themselves to this man.

In an instant, the creatures were gone. I completed the spell with the magician's closure: "As is my will so mote it be."

God sometimes allows us to be instruments of karma, and this man had to be stopped. Winston Churchill's favorite medium in WWII explained it like this: "Sometimes you have to fight fire with fire."

The choice was now in the man's hands: Pay back what he stole, or suffer the consequences.◆



Gold Rush Ghosts

Haunted Restaurant Has Ties to California's Pioneering Past

By Paul Dale Roberts, Halo Paranormal Investigations

I was tipped off about The Bank, a haunted bar and restaurant located in Sacramento, California. I received two messages on Facebook, from two different people, about the building. They both suggested that I investigate the building.

The first message was from Darlene. While dining at The Bank, she encountered a ghost that looked like a "snarly leprechaun." The entity ran past her and vanished into a wall. She said it had a large nose and wrinkled face. The clothes that the leprechaun wore looked like rags, including a torn shirt and torn pants.

The second message I received was from a woman named Barbara from Modesto. She said that when she visited The Bank, she was poked in the ribs and her hair was stroked.

The Bank bar and restaurant, located in Sacramento, California, is home to some unusual spirits, including a "snarly Leprechaun," "the fisherman," and a the "money demon."

The Bank's History

The Bank is an old building. In fact, it was originally the D.O. Mills Bank Building, which was connected to the Gold Rush of 1849. D.O. Mills is Darius O. Mills, a prominent American banker and philanthropist. At the age of 22, he set sail from his native North Salem in New York for California. Yep, D.O. Mills was part of the Gold Rush.

He was business savvy and knew that there was more money to be made trading than in prospecting. His first venture was to buy a boatload of supplies to take up the San Joaquin River to sell to the gold miners. However, with the Gold Rush gaining momentum, it took only a few months until he realized there was a dire need for a bank to service the gold miners who came to town with pouches of gold dust and nuggets.

With his New York background in banking, D.O. Mills was ready to build his bank! The Bank became known as National Gold Bank of D. O. Mills and Company. In 1912, the building at 7th and "I" Streets was erected.

The Washington Fisherman

Psychic medium Deanna Jaxine Stinson and I decided to visit The Bank to see what she could pick up on. As soon as we walked into The Bank, Deanna picked up on the "snarly leprechaun." She felt he was a little dwarf and he was a bit mischievous.

We talked with the bartender, and he said he has never picked up on anything paranormal but knows that some of the evening employees have mentioned some paranormal activity that they witnessed.

"This place is old, so it's possible," he said.

Deanna sat on one table and exclaimed, "I'm being touched; something is touching my shoulders!"

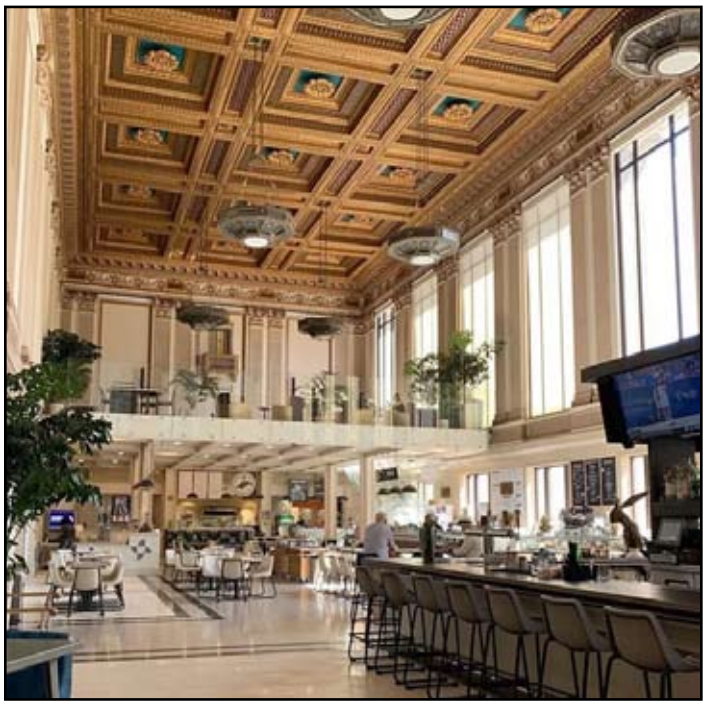
At that time, I got an EVP of a man that sounded like "wait here."

Deanna also encountered a ghost that I will call "The Washington Fisherman." She described the entity as wearing something like a fisherman's outfit and had the face of George Washington and curly hair. The Fisherman wandered around the hallway.

Money Demon

On the first floor, Deanna picked up on an entity that was all red, as it looked like he was made of lava. She felt the essence of this entity and said it appeared the entity was interested in money or gold. The spirit was hanging out on the first floor next to a rabbit figurine by the bar.

Deanna believed that the entities at The Bank were harmless. They felt as if The Bank was their home. And although she called the entity the Money Demon, she felt that it did not have bad intentions; it just looked scary.◆



After being alerted to haunted happenings at The Bank by several people, Deanna and I set off to investigate. During our investigation, Deanna and I caught an EVP of a man that seemed to say, "Wait here." Deanna felt that all of the entities at The Bank were harmless.

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Hacking Your Dreams

The Future of Advertising Is in Your Dreams

By Rainbow Radaelli

Can any of us comprehend the very idea of having our dreams taken hostage by companies advertising their goods? Imagine a blissful and relaxing dream with forests and waterfalls along with birds singing ... when all of a sudden, Coors Light appears in the distance, reminding you of how thirsty you are for a beer.

Well, hold on to your hats, because this isn't just science fiction coming our way. It's already here!

Molson Coors Beverage Company already tested this advertising hack leading up to Super Bowl LV in 2021. They own brands like Coors Light, Miller Lite, and Blue Moon. They openly admitted they could manipulate people's dreams so that they would perceive alcoholic beverages dancing in their heads. It's called Targeted Dream Implantation (TDI).

TDI dates back hundreds of years with Native Americans and spiritual groups. These techniques were used for awakening the subconscious for spiritual practices to heighten one's awareness. I call it "dimensional walking," but there are many names for going into the dream state to gain a better understanding of other dimensions, enlightenment, space, and time.

My concern is what will happen to all the dreamers out there who are using their dream bodies to explore those forgotten realms of knowledge and opportunity.

But, how do we block this type of interference? How will this dream hacking affect our ability to decipher what's within the dream realm versus what's advertising? Taken a step further, is this not only minacious in nature but also stepping on our right to privacy? Can they legally do this?

Will this affect meditation, out-of-body experiences, and other altered states of awareness? This is definitely a futuristic problem, but one that seems to be quite literally knocking at our doorsteps. Movies like *Minority Report*, *Equilibrium*, and *The Matrix* don't seem that farfetched anymore, which is quickly becoming an AI blur of reality — especially if subliminal messages are

allowed to enter commercials, political advertising, and mainstream media.

With our need for a deep REM sleep that allows us a healthy waking state, what will happen to our natural and nocturnal ability to process daily activities along with problem solving? The intricacies of sleep and how it affects our health is vital to our human condition, which even now isn't fully understood by scientists.

So, why are marketers and scientists focusing on the uncharted realms of human dreams? Or, as I suspect, have they been doing this all along and we are just now catching up to their nefarious deeds?

The collaborations between marketers and scientists will not only change how we see commercials, but inevitably alter our desires for products based on a triggered response. They are encouraging people to watch video clips before they go to bed. They can introduce sounds

along with soundscapes to relax viewers while placing images into a targeted market with selected products. In the morning, guess what, you'll want a product due to a subconscious desire.

How concerned should we be for the younger generation, especially as they get to adulthood? Will they be accustomed to this type of advertising without resisting its infringement on their lives? Imagine how their altered state of consciousness would be like with multiple commercials inundating their subconscious. Will they wake as scattered versions of themselves?

American playwright, screenwriter, and novelist Marsha Norman stated that, "Dreams are illustrations from the book your soul is writing about you." How will dream hacking affect how our soul communicates to us within all aspects of the dream world? Added to this, is AI infiltrating our sense of self without us knowing it?

I don't see how this is going to help humanity. And, in many ways, I see it as another roadblock to establishing our individual right to be human the way we want to be human. In a way, if AI is involved, its main function is to create the hive mentality. Inundating us with commercials is a clever way to convince our subconscious what the new normal is.

Now, there is even an AI, noninvasive mind-reading decoder that can translate brain activity into a continuous stream of text. Three volunteers from the University of Texas were scanned listening to a new story or imagining telling a story and the decoder generated text that closely and sometimes precisely matched the intended meanings of the original words. In a nutshell, a machine was able to read their minds.

The bottom line for me is, what will AI — along with scientists — do to humans before anyone can attain a higher frequency? Our future is not only unfolding before our very eyes, but the road ahead of us is being created with every step we take. Let's just make sure it's our creation and not someone else's.

"We live in a society absolutely dependent on science and technology and yet have cleverly arranged things so that almost no one understands science and technology. That's a clear prescription for disaster."

— Carl Sagan ◆

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The Chiles-Whitted UFO Encounter

By Cheryl Lynn Carter

In the early morning of July 24, 1948, Eastern Airlines Flight 576 was in transit from Houston, Texas to Atlanta, Georgia. The Douglas DC-3 airliner with 20 passengers aboard was piloted by Captain Clarence S. Chiles and First Officer John B. Whitted. They were flying at an altitude of 5,000 feet and cruising at a speed of 200 mph.

At approximately 2:45 a.m. EST, while 20 miles southwest of Montgomery, Alabama, Captain Chiles observed a tremendous red glowing light ahead that was rapidly approaching their aircraft. He initially thought it was a new military jet. But, as the object continued its course heading directly toward the plane, Captain Chiles quickly banked the plane to the left in order to avoid a mid-air collision.

They were holding a compass heading at 50 degrees as the object passed them on the right side at an estimated 700 mph. The object was wingless, cigar shaped, and about a hundred feet in length, with the fuselage the size of a Boeing B-29 Bomber.

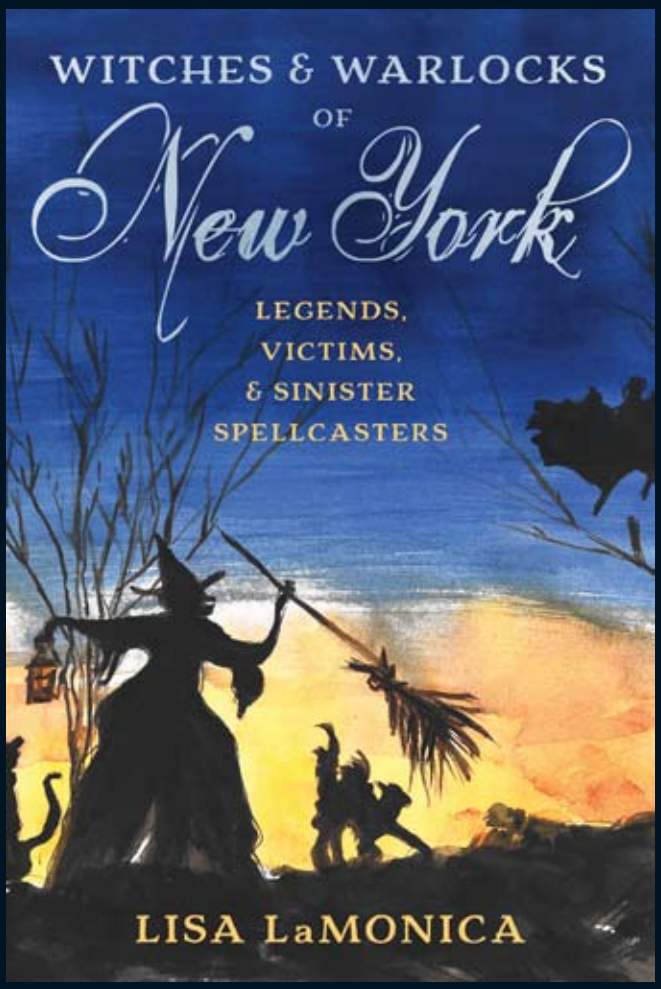
There were two rows of very large, square windows, one upper and another lower, and from inside these windows a white light was glowing. They heard no sound or felt any turbulence as the object — with a blue fluorescent glow underneath — pulled up sharply into some light clouds at 6,000 feet altitude with an exhaust trail of red-orange flames.

Both pilots realized this was not any known aircraft. Captain Chiles radioed Air Traffic Control in Columbus, Georgia, and asked them to contact Lawson Army Airfield at Fort Benning, Georgia, in order to find out if they had any jet or experimental aircraft flying in the area. He began to describe the anomalous object they had encountered. It was confirmed that there were no other aircraft in the area at that time.

Chiles and Whitted Recreate the Moment: The pilots illustrate the angle at which they observed an unidentified flying object in the sky in 1948.

Upon landing in Atlanta, Georgia, at 3:49 a.m., U.S. Air Force military officers arrived and began interrogating the pilots. Both men wrote a statement and did sketches, describing the unidentified flying aircraft they had observed. The U.S. Air Force intensely investigated the sighting under Project Sign, which later became Project Blue Book. They drew a map showing the object's trajectory that indicated it would have passed over Macon, Georgia.

That same night, the crew chief at Robins Air Force Base near Macon, Georgia, reported observing an extremely bright light pass overhead at a high rate of speed. Wright-Patterson AFB in Dayton, Ohio,



New York has a surprisingly rich and lasting history of witches and witchcraft.

"Witches and Warlocks of New York" is a collection of legends and historical accounts about witches and warlocks from the Empire State.

Included are a history and origins of witchcraft in New York State and historical tales of "witches" across the state, including Hulda, the witch who was the origin behind a Brothers Grimm fairy tale and inspired parts of Washington Irving's "Sleepy Hollow." Plus, the Easthampton Witch Elizabeth Garlick, accused and tried 35 years before the Salem witch trials.

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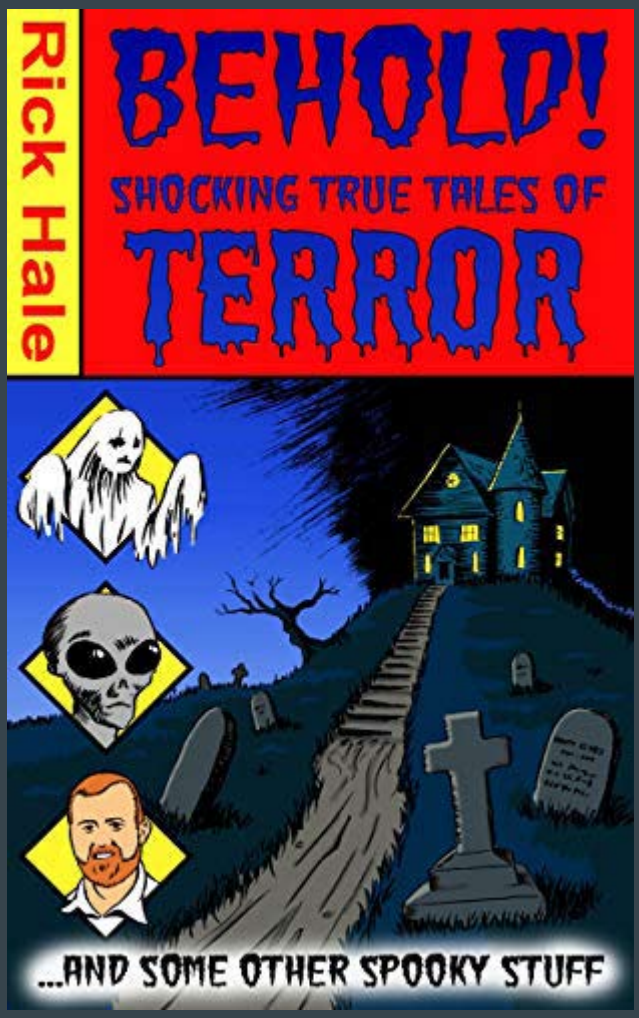

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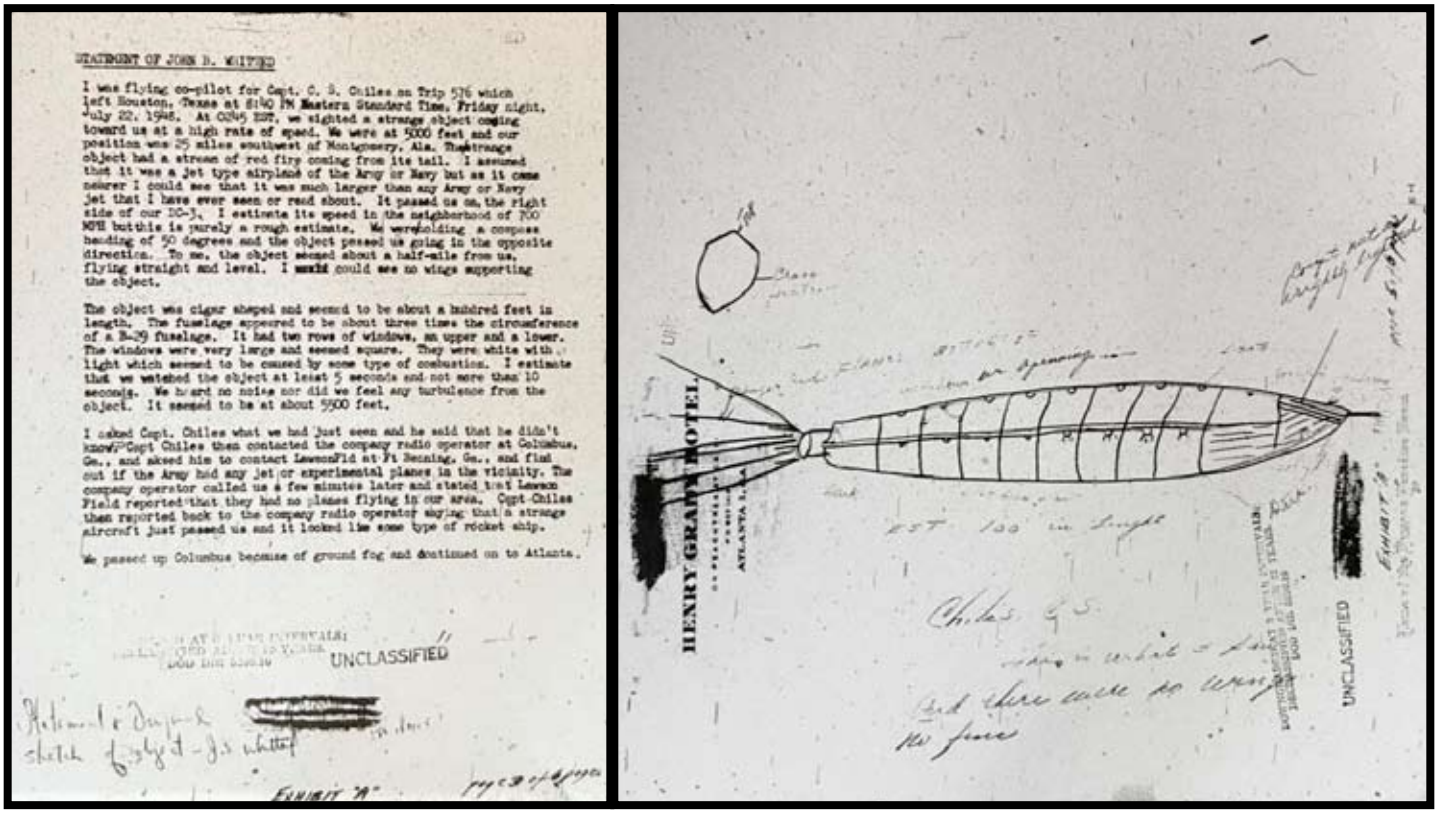

STATEMENT OF JOHN B. WHITTED

I was flying co-pilot for Capt. C. S. Chiles on Trip 576 which left Houston, Texas at 8:40 PM Eastern Standard Time, Friday night, July 22, 1948. At 0245 EST, we sighted a strange object coming toward us at a high rate of speed. We were at 9000 feet and our position was 25 miles southwest of Montgomery, Ala. The strange object had a stream of red fire coming from its tail. I assumed that it was a jet type airplane of the Army or Navy but as it came nearer I could see that it was much larger than any Army or Navy jet that I have ever seen or read about. It passed us on the right side of our DC-3. I estimate its speed in the neighborhood of 700 MPH but this is purely a rough estimate. We were holding a compass heading of 50 degrees and the object passed us going in the opposite direction. To me, the object seemed about a half-mile from us, flying straight and level. I could see no wings supporting the object.

The object was cigar shaped and seemed to be about a hundred feet in length. The fuselage appeared to be about three times the circumference of a B-29 fuselage. It had two rows of windows, an upper and a lower. The windows were very large and seemed square. They were white with light which seemed to be caused by some type of combustion. I estimate that we watched the object at least 5 seconds and not more than 10 seconds. We heard no noise nor did we feel any turbulence from the object. It seemed to be at about 5500 feet.

I asked Capt. Chiles what we had just seen and he said that he didn't know. Capt Chiles then contacted the company radio operator at Columbus, Ga., and asked him to contact Lawson Fld at Ft Benning, Ga., and find out if the Army had any jet or experimental planes in the vicinity. The company operator called us a few minutes later and stated that Lawson Field reported that they had no planes flying in our area. Capt Chiles then reported back to the company radio operator saying that a strange aircraft just passed us and it looked like some type of rocket ship.

We passed up Columbus because of ground fog and continued on to Atlanta.

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(At left): Co-pilot John Whitted's official statement. (At right): Sketch of object witnessed by Captain Clarence Chiles.

contacted Project Sign, asking them to do an investigation. Special Investigator Walter Cassidy interrogated the crew chief.

File #333.5: "I am a member of the Transient Maintenance Alert Crew on the midnight shift. The object appeared on Friday night, between 0140 and 0150 hours EST. I was standing fire guard on a C-47, directly across from Operations. There was good visibility and no clouds. It was coming out of the north and in my view for about 20 seconds. The first thing I saw was a steam of fire, and I was undecided as to what it could be. But as it got overhead, it was a fairly clear outline and appeared to be a cylindrical-shaped object with a long stream of fire coming out of its tail end. I was sure it would not be a jet since I have observed F-84s in flight at night on occasion. The last I saw of it, the object was taking a southwest course.

"The altitude was about 3,000 feet. It could be lower or higher. At night it is difficult to judge distance. The trail of fire was longer than the cylindrical shape of the object. I noticed a faint blue glow on the belly of the wingless object. I thought at first it was a shooting star or a meteor, but a shooting star falls perpendicular. This object was on a straight and level plane. I have seen two meteors and they appear to be round or more or less ball shaped, and this object was long and cylindrical in shape. I believe it was traveling at about 700 miles per hour."

This encounter on July 24, 1948, played a significant role in the field of ufology. The sighting was one of the first that would describe a UFO as being a structured, mechanical craft. Project Sign wrote an *Estimate of the Situation* report. After final approval by Col. William Clingerman and Col. Howard McCoy, it was submitted to General Charles Cabell, chief of Air Force Intelligence. He, in turn, submitted the report to Air Force Chief of Staff General Hoyt S. Vandenberg.

The report was a thick document with a black cover. Stamped across the front were the words TOP SECRET. It contained Project Sign's analysis and explained their reasons for concluding that the extraterrestrial hypothesis was the best explanation for unidentified objects.

This is just the beginning of the U.S. Air Force's launch of Project Blue Book, which would come to collect, organize, and analyze over 12,000 UFO sightings during its operation between 1952–1969. ◆

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Unlocking the Mysteries of the Akashic Records:

A Cosmic Library of Knowledge

By Chad Wilson

In the vast expanse of the cosmos, where realms of spirituality and metaphysics converge, lies a concept that has intrigued mystics, philosophers, and seekers of wisdom for centuries — the Akashic Records.

This ethereal repository of knowledge, often described as a cosmic library, is said to hold the secrets of the Universe, transcending time and space to reveal the past, present, and future. In this article, we delve into the enigmatic world of the Akashic Records, examining its origins, significance, and how it has captured the imaginations of countless individuals.

Origins of the Akashic Records

The concept of the Akashic Records can be traced back to ancient Hindu and Tibetan traditions. In these ancient teachings, there is mention of an omnipresent, non-physical substance called "Akasha," which is believed to be the fundamental fabric of reality. Within this Akasha, it is said that every thought, action, and experience of every living being is imprinted, creating a cosmic memory bank.

However, it was the 19th-century Theosophical movement that popularized the concept in the Western world. Theosophists, led by Helena Petrovna Blavatsky, embraced the idea of the Akashic Records as a celestial library, where the knowledge of the Universe is meticulously recorded. According to their beliefs, individuals with heightened spiritual awareness can access this repository to gain profound insights into the mysteries of existence.

Accessing the Akashic Records

One of the most intriguing aspects of the Akashic Records is the notion that they can be accessed by those with the appropriate spiritual attunement. While the specific methods may vary, there are common threads in how individuals claim to connect with this cosmic knowledge center:

- Meditation and Visualization: Many seekers describe entering a deep meditative state and visualizing a celestial library or hall of records. Within this visualization, they can access information and insights beyond their ordinary comprehension.
- Dreams and Altered States: Some report that the Akashic Records can be accessed through dreams or altered states of consciousness. During these experiences, individuals may receive vivid imagery or messages that offer profound insights.

• Spiritual Guides: It is believed that spiritual guides or mentors can assist in accessing the Akashic Records. These guides are thought to provide protection and guidance while navigating the cosmic library.

• Intuition and Synchronicity: Some individuals claim that they receive insights from the Akashic Records in everyday life through intuition or synchronistic events. These occurrences often provide unexpected answers to pressing questions.

The Akashic Records in Practice

For those who believe in the existence of the Akashic Records, they serve as a source of profound wisdom and guidance. Seekers often turn to the Records to gain clarity on life's challenges, make important decisions, or understand the deeper purpose of their existence. The information retrieved from the Records is thought to be highly personal, tailored to the individual's spiritual journey.

Edgar Cayce, the renowned American psychic, was one of the most famous individuals who claimed to access the Akashic Records. During trance-like states, Cayce provided detailed readings on a wide range of topics, including health, spirituality, and historical events. His accuracy and insights continue to fascinate and inspire people today.

Theoretical Implications

While the concept of the Akashic Records remains firmly within the realm of spirituality and metaphysics, some have attempted to explore potential connections with modern scientific theories. The most notable of these is the idea that the Akashic Records could be related to the concept of a universal consciousness or a shared collective unconscious.

Carl Jung, the Swiss psychiatrist and founder of analytical psychology, proposed the concept of the "collective unconscious." He believed that there exists a shared reservoir of symbols and archetypal experiences within the human psyche. This collective unconscious, Jung argued, connects all individuals and can manifest in dreams, art, and mythology.

Some thinkers have drawn parallels between Jung's concept and the Akashic Records, suggesting that both point to a deeper, interconnected dimension of human experience.

In the realm of quantum physics, there has also been speculation about whether the Akashic Records could be linked to the quantum field. However, it's important to note that such connections remain speculative and are not widely accepted within the scientific community.

Closing Thoughts

The Akashic Records remain an alluring enigma, captivating the hearts and minds of those who seek profound wisdom and insights beyond the boundaries of ordinary existence. Whether viewed as a spiritual concept or a metaphysical belief, the idea of a cosmic library holding the secrets of the Universe continues to inspire curiosity and wonder.

As we journey through the realms of spirituality and metaphysics, the concept of the Akashic Records invites us to contemplate the possibility of a deeper, interconnected tapestry of existence — a tapestry where every thought, action, and experience is woven into the grand narrative of the cosmos, awaiting discovery by those who dare to explore the mysteries of the Universe.◆

MAGICAL MOON GARDENS
AND GROWING BY THE LUNAR PHASES

By Dr. Athena Perrakis, Sage Goddess

I love the Moon and my garden, and growing anything is linked with Luna and her phases. Planting by the Moon goes as far back as our roots on this planet.

This article will just skim the surface, but I hope it gets you excited to put your hands in the dirt and experience the Moon in a new way. Keep on reading to learn more about magical moon gardens and growing by the lunar phases.

The Moon is the closest astronomical body to Earth, giving it a strong influence over us. The Moon's gravity pulls on Earth's oceans, causing tides, and its movement affects our emotions, reactions, and even our bodily cycles.

The phases of the Moon, technically the phases of the relationship between the Sun and Moon, represent the entire cycle of life — from the birth of a new moon to the blooming or manifestation of the full moon to the completion and releasing of the dying moon. Working with the lunar phases helps you harness the natural rhythm of nature and go with the energetic flow. You can apply this to almost anything for better results with more ease, including growing plants and gardening.

First, here's a quick rundown of the Lunar Phases:

Waxing Cycle

In the sky, the Sun and Moon come together at the New Moon, so we can't see much of the Moon, if at all. This is the beginning of the entire lunation cycle.

New phase is a time to set new intentions and initiate new ideas. Things are dark on the outside, but the inner light and life force are incredibly strong. This is where the spark ignites and life begins. How it will happen or look like in the end isn't the concern. It just needs to get going!

Throughout the remaining waxing cycle, the idea or

intention is growing, taking shape, and testing itself out. The waxing moon is an energetically active time that requires sustained effort and movement toward what's becoming.

Waning Cycle

Full Moon is when the Sun and Moon oppose each other in the sky and we can see the entire Moon reflecting the Sun. Full Moon is the beginning of the waning cycle — the completion of growth during the waxing cycle.

Full phase is bright, revealing, and brings awareness. It's traditionally a time of celebration, gratitude, manifestation, and illumination. Once we see the results of our efforts, we have decisions to make about how to use and share them. It's also possible we won't take them any further, accepting that not everything works out.

The remaining waning cycle calls for wisdom, reflection, insight, and eventually letting it all go. The ending of any cycle is so critical to the beginning of the next one. It's like creating compost from the past to fertilize the seeds of the future.

Bringing it Back to Magical Moon Gardens

Draw down the magic of the Moon in your own yard or windowsill. First of all, you can create a moon garden with white and silver plants. Snowdrops, narcissus, white tulips, and magnolia are some favorites, and silver thyme and silver sage are gorgeous, fragrant additions.

If you're a true Moonchild, you'll want night-blooming flowers, like evening primrose, night gladiolus, angel's trumpet, night-scented tobacco, and — of course — moonflower! Don't forget lunar herbs and plants, such as eucalyptus, fennel, mugwort, lily, willow, and jasmine. You can Google all kinds of info if you want to learn more.

Growing by the Moon's Phases

The basic rule is, no planting during the dark or New Moon. Just after the waxing crescent appears in the sky, you can start planting and continue through the waxing half of the cycle. Planting while the Moon's in a water sign (Cancer, Scorpio, Pisces) adds extra growing power.

Full Moon is when plants are at peak energy, but as the Moon wanes, her energy fades. Third quarter is traditional harvest time and planting time for things that grow underground, such as root vegetables. The last quarter of the Moon's cycle is a barren time when it's best to tend the soil and focus on compost and weeding.

In Closing

Honoring the Moon honors life. It increases our receptivity to the ever-changing nature of existence on our planet. Whether you're planning to tend your garden or your next project, working with the Moon's cycle will help you harvest the best results and find meaning in every aspect of the journey.

And, as always, the Moon is a reminder to nurture what you love and follow your heart. What you create externally is a window into your own soul. Whatever shape or form it takes, may your moon garden grow. ◆

THE DANCING LIGHTS
Summoning UFOs

By Willie Windwalker Gibson

In my 58 years in the paranormal field, I have encountered many things. In fact, people who have read my books and magazine articles find it hard to believe I have done so many things. Sometimes, I also find it hard to believe, but every adventure I share is 100% real.

One such story I will share now.

I have written before of my UFO experiences since I was 10 years old. Growing up Cherokee and Irish, I had the best of both worlds. I believe that being Cherokee has had a lot to do with UFOs visiting me. Indians seem to draw UFOs and aliens.

This story takes place in the mid-1990s. My wife, Schmon, was living in a suburb of Louisville, Kentucky, near the Jefferson County line. At that time, we had several groups going in the paranormal realms. We had a psychic group, a ghost-hunting group, and a UFO group.

The UFO group was made up of believers and non-believers. The non-believers were mostly in the group to be entertained by the stories we shared about our contact with UFOs and aliens. That was OK with the rest of us, because we knew what we had experienced and being mocked didn't bother us.

One Saturday night, the UFO group got into a discussion about UFO contact and communications. I told the group I was able, at times, to think about UFOs showing up in the night sky and they would do a sort of dance for me. Of course, the non-believers made fun of me. In fact, they dared me to prove it by making UFOs show up right then and there.

So, I asked the group to follow me outside. The night was clear, and you could see the Milky Way. The Big Dipper and stars were bright in the night sky. I told the group to look up and watch the night sky.

Then, I asked out loud for the UFOs to appear. After only a few minutes, several bright objects showed up. They looked like stars that were crisscrossing in the sky. They seemed to be doing a sort of dance.

Let's just say that the non-believers in the group were stunned. I then thanked the objects and let them know they could go.

I took the group back inside, and while the non-believers said they were impressed, they still didn't believe in aliens. I let them know that it was OK, and their opinions were appreciated by the group.

I had a feeling, though, that what they witnessed that night did indeed open their minds to extraterrestrial intelligence. ◆

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REMEMBERING SCOTT GRUENWALD

By Cheryl Lynn Carter

"I love you, and there's nothing you can do about it!" Sadly, we will no longer hear those immortal words from our good friend Scott Gruenwald, as news of his departure rang out from the heavens. Truly, Heaven has gained a great one, and I can already hear him playing "Somewhere Over the Rainbow" on his ukulele.

Scott had a vibrant embodiment of charisma and humor that was a force of nature. He had a heart that knew no boundaries. He loved life and lived it to the fullest. As he journeyed down this road called life, sometimes wearing his pink tutu, his extraordinary presence brought laughter, smiles, and cherished memories to everyone he encountered along the way.

One of those magical moments where Scott's ukulele and voice took center stage. His spirit will continue to fill our hearts with music.

He always maintained that we need to make time to play, because it keeps one young. And he was a master at evoking the inner child in each and every one of us. His spirit and legacy will live in the hearts of all who had the privilege of knowing him.

"Scott was the pioneer of laughter in the paranormal! He mastered the art of bringing investigators and spirits together using humor. He was family to us as he was for many! He will forever be missed. Until we meet again, brother!"

—Jay and Marie Yates

For years, like many of us, he found himself immersed in the paranormal. In order to overcome his fear of the dark, he spent a night alone in an asylum, taking with him only a recorder, candle, and some snacks. One such place was the infamous Washoe Club in Virginia City. It is Nevada's most famous and haunted saloon that is home to the spirits of the men who mined the Comstock Lode, the first major discovery of silver ore in the U.S. Scott remarked that his investigations were always interesting because he was guaranteed to be grabbed, pushed, whispered to, and kissed.

He was afforded the opportunity to be a reporter for Travel Channel's *Paranormal Paparazzi* TV show. He was so excited that he immediately said yes. Well, maybe he went home and asked his wife, Linda, first. He said she just smiled and told him to bring extra socks. Then he set off on a journey with a team of reporters traveling across the country as they tracked down the most current paranormal stories. Some of his reports included the San Diego Chupacabra, Zombie Boot Camp, Jersey Shore UFO, and the Nicolas Cage Vampire.

"Scott was a friend, a brother, and a man who was loved by so many people, and a man who loved you just as much, and there was nothing you could do about it."

—Jeff Konkel

Scott was also excited to be part of Zak Bagans'

Paranormal Challenge series, which featured two different teams going head-to head in a weekly competition, attempting to gather evidence by spending the night in a haunted location. Scott's team investigated the halls of Linda Vista Hospital in Los Angeles, California, where it's been said some former patients have refused to move on.

Upon meeting Zak, a life-long friendship developed. They called each other "doctor" in homage to the movie *Spies Like Us*. He appeared on an episode when the Ghost Adventures Crew investigated the Wolfe Manor Hotel in Clovis, California, a place described as a black hole, because so many people have checked in but never left. He investigated the crawlspace because ... why not?

"I am terribly saddened to hear my dear friend Scott Gruenwald has passed away. I will miss his humor and more importantly his genuineness. I had a close bond with Scott ... my heart is with him and his family. The world won't be the same without him."

— Zak Bagans

We will always cherish the times Scott entertained us by singing and playing his ukulele. His rendition of *Sweet Child of Mine* is by far the BEST. And how could we ever forget the funny lines from his paranormal songs? "We learned it on TV. Shoot me from my best side. Post me on social networks. Won't you like my FB?" and "I asked for an EVP, Are you really there? It said yes, and I love Zak Bagans' hair."

So, with a song in his heart, Scott left us that fateful evening of September 18, 2023. He is survived by his loving wife, Linda; daughter, Judy; sons, Cash and Larry; and twin sister, Lori. He will be missed by everyone who had the privilege to know him.

Scott, my dear friend, just so you know, we will forever love you, and there's nothing you can do about it.

"The paranormal world has lost its court jester. I'll miss playing Scott's ukulele with him at conferences. I'll miss the funny music videos he used to post. I'll miss the calls and texts we'd have about haunted places in California. Most of all, I'll miss his laughter and fun. The world could use more like him, especially now that we're down one. I have no doubt Scott will continue his fun and mischievous ways in the next life."

— Jeff Belanger ◆

Jeff Belanger, Cheryl Lynn Carter, and Scott Gruenwald are pictured enjoying the moment at a recent paranormal event.

Scott's charisma and humor was unmatched. He had a heart that knew no boundaries. He loved life and lived it to the fullest.

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